



Handcrafted Firearms

Altius Handcrafted Firearms
Biathlon Shooting Camp
24-28 June, 2009 West Yellowstone, MT



Description

This camp is designed for aspiring Biathletes with some experience and their own equipment. It provides an opportunity for athletes new to Biathlon to learn the fundamentals of rifle fit, shooting position, and race strategy. It is also available to experienced shooters as an opportunity to review the basics and evaluate and improve their technique.

The camp is offered and organized by Marc Sheppard of Altius Handcrafted Firearms www.altiusguns.com, the only Biathlon speciality shop in the world and the only Anschutz Factory Service Center for Biathlon. Get the benefit of Marc's 14+ years of Biathlon competition experience as a Winter and Summer Biathlon competitor and as the Program Director for Summer Biathlon and Team Leader for the Summer Biathlon World Championships Team.

Cost

\$200/participant

Registration Limit

This camp is limited to 6 participants to ensure quality instruction and individual attention.

Minimum Age Requirement

In general, the minimum age requirement for this camp is 15. Please contact Altius regarding younger participants.

Required Equipment

- Biathlon rifle with 4 magazines(minimum), handstop, sling, prone cuff, and harness*
- Heart Rate Monitor
- Rifle cleaning supplies and tools*
- 500 Rounds ammunition*
- Running shoes/clothes

Suggested Equipment

- Classic ski poles (if you race Winter Biathlon)
- Lightweight ski gloves (if you race Winter Biathlon)
- Bug Spray
- Bear Spray*
- Sun Screen

*These items available from Altius

Schedule

| Date | Time | Location | Activity |
|----------------|------------------|------------------------------|--|
| 24 June | 1700-1800 | Altius¹ | Check-in |
| | 1800-2100 | Trailhead² | Introduction, Rifle Fit, Shooting Position |
| 25 June | 0800-1200 | Range³ | Zeroing, Range Procedure, Optimum Shooting Heart Rate Identification |
| | 1500-1700 | Range | Cadence Shooting |
| 26 June | 0800-1100 | Range | Shooting in a Race |
| | 1300-1600 | Trailhead | Individual Sessions-Computer/Laser Shooting Analysis |
| | 1600-1700 | Trailhead | Rifle Maintenance and Optimization |
| 27 June | 0830 | Range | Altius/WYSEF Mountain Bike Biathlon (Register separately at www.rendezvouskitrails.com) |
| 28 June | 0800-1100 | Range | Altius/WYSEF Running and Shooting Clinic and Time Trial (Register separately at www.rendezvouskitrails.com) |

¹Altius Handcrafted Firearms. 125 Madison Avenue.

²Rendezvous Ski Trails Trailhead Building. Southern terminus of Geyser Street.

³Rendezvous Ski Trails Biathlon Range. 1.5km from Trailhead. 0.5km from Parking.

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